



Serving at Trinity

Rector:
The Very Rev.
Rob Baldwin

Assistant Rector:
The Rev. Susan Terry

Deacons:
Dick Tracy,
Rita Tracy,
Steve Segebrecht
Rob Schwaller

Parish Administrator:
Jenn Holloway

Office Administrator:
Sheryl Poole

Communications:
Sarah Johnson

Music Director:
Doug Lawrence

Youth Director
Dan Spicer

Organist:
Mark Stotler

Vestry:
Steve King (Sr.
Warden),
David Severance
(Jr. Warden),
Jennifer Attocknic,
Katie Bieker,
Nora Clark,
Brenda Clary,
Andrew Hoyt
Kim Mandel,
Allison Marker,
Dusty McCoy,
Katherine
McGillivray,
Charles Olcese

Altar Guild:
Katie Becker,
(captain),
Charlotte Mueller,
Nora Clark,
Cheryl Flessing,
Nancy Haggart,
Shirley Reese,
Dru Sampson

Flower Guild:
Pat Kehde
(coordinator),
Ann Elizabeth
Bishop,
Gerry Miller,
Pam Paden,
Mary Stauffer,
Terry Mandel

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This Week at Trinity

Worship Assistants for Sunday, April 30, 2017

8:00 a.m. - Rite II, Holy Eucharist
Chalice Bearers: Gail Griffin, John Bullock
Lector: Matt Eichman
Intercessor: Eleanor Symons
Usher: Kent Tomlinson

10:30 a.m. - Rite II, Holy Eucharist
Chalice Bearers: Joan Handley, David Marker
Lectors: Anne Patterson, Janine Cox
Intercessor: Rachel Schwaller
Ushers: John Broholm, DuWayne Kramer, Alison Myers-Arenth, Craig Myers-Arenth
Verger: Donna Griffin
Acolytes: Alex Baldwin, Ellie Seybold, JJ Siquah, Lauren Seybold

6:00 p.m. - Rite I, Solemn High Mass
Chalice Bearers: Carl Edwards, Bianca Elliott
Lector: Nathan Roser
Greeter and Usher: Dave Eddington

Readings

Acts 2:14a, 36-41

Psalm 116:1-3, 10-17

1 Peter 1:17-23

Luke 24:13-35

The complete lectionary readings for Sunday, April 30, can be found at www.lectionarypage.net.

Hymns

Opening: #208, "Alleluia! The strife is o'er, the battle done" (*Victory*)

Sequence: #306, "Come, risen Lord, and deign to be our guest" (*Sursum Corda*)

Communion: #184, "Christ the Lord is risen again!" (*Christ ist erstanden*)

Closing: #192, "This joyful Eastertide, away with sin and sorrow!" (*Vruechten*)

Hymns can be accessed at www.oremus.org/hymnal.

Collect of the Day

O God, whose blessed Son made himself known to his disciples in the breaking of bread: Open the eyes of our faith, that we may behold him in all his redeeming work; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen*.

Altar Flowers

This week's altar flowers are given by Vashti Winterburg to the glory of God and in thanksgiving for the anniversary of Amanda and Isaac.

Adult Forum: The Beatitudes

The Beatitudes are probably one of the most important, subversive, and revolutionary texts in the Bible. In order to follow Jesus and live the Christian life, we need to enter into the challenging but beautiful world of the Beatitudes, and that is what this course is all about. The Adult Forum meets Sunday mornings at 9:30 a.m., in the Jackson Kemper Room on the lower level of the parish hall. All are welcome.

Announcements

Graduate Recognition Sunday

On Sunday, May 7, all college, postgraduate, and high-school graduates will be celebrated with prayers and gifts at the 10:30 a.m. service. Are you graduating this spring? Do you know someone who is? Please contact Father Rob (rb@trinitylawrence.org) or Mother Susan (st@trinitylawrence.org).

Baby Shower for the Willow Domestic Violence Center

On Sunday, May 7, Trinity will have its annual Willow Baby Shower. All donations will be blessed at the 10:30 a.m. service, and a baby shower/reception will follow in the parish hall, during coffee hour.

The Willow Domestic Violence Center gives care and shelter to hundreds of women and children each year. The Willow volunteer coordinator has provided a list of needed items: baby wash and lotion; nighttime/bedtime baby wash and lotion; wipes; diaper rash cream/ointment; baby sunscreen; size 6 diapers; sizes 2T/3T and 3T/4T pull-ups; size 6 diapers; infants'/kids' tummy medicine (gas relief, children's antacid, etc); Pedialyte; kids' allergy medicine.

This year, they do not need: diapers in other sizes; newborn/children's aspirin and fever meds; pacifiers; utensils/plates/bottles; bibs; blankets; teethers; breast pumps; clothes; toys/stuffed animals; Little Swimmers.

Please place donations in the Willow tub in the parish hall, or you can bring them to the parish office Monday-Friday, 9 a.m.-3 p.m. For more information, contact Mother Susan (st@trinitylawrence.org).

The women and children at Willow will be grateful for the love reflected in the gifts you give. Thank you for your generosity and care during this critical time in their lives.

An invitation to Women's Quest-ioning Groups

Two groups of women are continuing to read and discuss the book [In Search of Belief](#) by Joan Chittister, her personal reflections on the meaning of the Apostles' Creed. There is no preparation involved; we just read aloud and discuss any thoughts or questions that are raised by the text. Because of this format, it is entirely possible to join in as we finish this book and discuss the next one we want to read. We welcome new members. One group meets the first and third Tuesday of each month at 9:30 a.m., and the other group meets the second and fourth Thursday at 1:30 p.m. For details, please contact Tudy Youngberg (tudy@sunflower.com; 785-218-2283) or Elaine Penny (785-760-1026).

Upcoming Events

How Does Climate Change Affect the Developing World? Dr. Randolph talk, Sunday, April 30, 2017

Trinity Environmental Stewardship Team (TEST) invites you to come this Sunday, April 30, to Ecumenical Campus Ministries (ECM), 1204 Oread Ave., to hear Dr. Richard Randolph, Chief Medical Officer for Heart to Heart International, speak on "Who Bears the Cost? Global Climate Change and the Developing World." Doors open at 3:30 p.m., talk begins at 4 p.m. Dr. Randolph will discuss how climate change affects the developing world -- differently than it affects the developed world -- impacting food security, resilience to disaster, disease, and the effects of sea level rise. This event is third in a series by Lawrence Ecology Teams United in Sustainability (LET-US) regarding issues connected with global climate change. The talk is free and open to the public. Some parking is available in the small lot on south side of ECM; KU Parking Garage is across the street from ECM.

Taize Worship Service

On Sunday, April 30, a "Healing for Creation" Taize service will be held at 6 p.m. at Central United Methodist Church (1501 Massachusetts). With its prayers for all of God's creation, this service complements local Earth Day celebrations. This is the last Taize service for the 2016-2017 Taize season; services resume in September. If you have questions about Taize or would like to be on the Taize email reminder list, please contact Judith Galas, (judithgalas@gmail.com).

Habitat for Humanity Work Day

On Saturday, May 27, 9 a.m.-3 p.m., Trinity will be having a work day for Habitat for Humanity. 1905 E. 17 St. will be the 95th Lawrence Habitat house, and the funds come from Habitat's [Covenant Churches](#), of which Trinity Episcopal is one. Contact Garth Burns to sign up (gbperson@sbcglobal.net; 785-843-9189).

Words of Inspiration

From the Desk of Father Rob



Last Sunday I asked the congregation to submit questions to me to answer during the sermon. I wasn't able to answer all of them, so I thought I'd answer a few here.

Q: *Why do the colors of the stoles change during the year? Why don't they just use red and blue like KU?*

A: I'm going to presume the second half of that question is facetious. Not the least of which is because there are members of Washburn University, Baker University, and Haskell University's faculty in the congregation.

The colors designate the liturgical season, periods of time set aside to focus in our worship on some part of the narrative of the life of Jesus Christ. The colors are meant to indicate both the season and also some thematic element of it.

White is a festive color, and is used for Christmas and Easter, and for days on which we have baptisms.

Green is the verdant, living color of ordinary time, the time when we are focused largely on the mission of the Church, and is used in Epiphany and Pentecost.

Red is for martyrdom and is occasionally used in Holy Week, Pentecost Sundays, and ordinations.

Purple is the somber, regal color of Lent.

Blue is the color of the dark night sky, representing Advent.

Pink is used on rare occasions, such as the Third Sunday of Advent.

Throughout the week we have the option of using white or red to represent the feast day of the saint in question, white in general or red for martyrs, but we usually defer to the seasonal color instead.

Q: *Why does the RCL's Maundy Thursday psalm have a "hallelujah" at the end?*

A: Let me start by explaining the question to those who may be unfamiliar with some of the concepts here. First, the RCL is the Revised Common Lectionary, which list the readings that are read on any given day. Second, in the season of Lent, in which you find most of Holy Week, including Maundy Thursday, the saying of the word "hallelujah" (spelled many different ways) is set aside, as an observance of the subdued and penitential nature of the season. We don't say it in prayers, and we avoid it in hymns. Hence the question of why the creators of the RCL would opt to include it.

The answer to this question was provided by several other clergy in the diocese. The general consensus is that in some circles, particularly the Roman Catholic Church, Maundy Thursday is a feast day, separated from the practices of Lent (even possibly having a white color). Hence the inclusion in the RCL. The word from the Standing Committee for Liturgy and Music in the Episcopal Church, however, was that the verse should be omitted. It was included in the bulletin, but omitted from being said during the service.

Thanks for some great questions, and I have several more to address next week!

Yours in Christ,
Fr. Rob+

Stewardship Message: Joyful Tithers, Part Four

This week I'm sharing our stewardship journey with you, my fellow Trinitarians, in the hope that some of you will get the notion that giving away 10% of your income is not as impossible as it may seem.

My first attempt at tithing occurred when my rector introduced the idea in a study group, citing scripture and suggesting that people start by doing the math: that is, figure out what percentage of your income you are giving away. I wasn't even slightly squeamish about that calculation, because I was faithfully (and a little smugly, I'll admit) putting money into the offering plate every Sunday. Imagine my chagrin -- even though no one else knew -- when I discovered that what I was giving away equaled 1.5% of my income! That was the beginning of a 40-year journey for me.

Having been asked by the same rector to help out with the fall pledge drive, I resolved to tithe at the 10% level, and I kept my resolve for three whole months before I gave up. It was just too much! I very guiltily dropped back to my previous offering of a few dollars a week. But I continued to attend the study group where I had begun to learn about stewardship -- real stewardship, that is, a steward's lifestyle. One thing I learned early on was that you can't deal with your lifestyle on any level without exploring your relationship with money and things.

Eventually I landed in Kansas where I became involved with stewardship in the Episcopal Church on a diocesan and finally a national level. I was blessed with opportunities to meet many great teachers and clergy and to study scripture and Episcopal Church history through EFM (Education for Ministry). The more I learned, the stronger grew my conviction that, because of the power money holds over all of us humans, creating financial order in my life would always be a spiritual issue.

My financial obligations and my family had grown much faster than my income, and many areas of my life were unbalanced. I was trying to live up to the 10% tithe, but usually falling behind and feeling guilty, having to "catch up" on my giving at the end of the year. Sometimes catching up would be even later, when the tax refunds arrived, or even not at all, with another attempt in the next year.

One of the wonderful things about God is the parental nature of God's love, which forgives mistakes and allows an unlimited number of new opportunities to get things right. About twenty years ago, at a very low point in our joint earnings, we made a new start with our giving: I think it may have been at 3%. For the first time we deliberately took our "giveaway money" off the top of any and all income we received before paying any bills or doing any spending, and put it in a separate "giveaway" bank account. Little by little we increased that percentage every year until we reached our goal of 10%, and soon we discovered that we had grown into far better managers of the remaining 90%.

That was about the same time we noticed that God was doing something truly miraculous in other aspects of our life as we began to see through the eyes of stewards. The practice of tithing made us better at the non-financial aspects of our life: managing our time, our health and bodily energy; our home and other possessions; our immediate environment and our impact on the community we live in; our relationships with family, friends, and each other. With God's help, getting control of our finances has shown us the way to get better control of our life, making us more effective ministers for God's purpose in the world.

Tithing has enabled us to give away more money and miss it less. Both our giving and our living expenses have gone up each year, even though our household income has not, and yet we still get by. In fact, the practice of tithing has made the dreaded January tax filing a lot more interesting, because that's the only time we calculate the percentage of our income we've given away (for the last decade over 10%). Over time, we haven't had every single thing we or our children wanted, but God has blessed us with everything we needed.

Stewardship is a lifelong journey full of wonderful surprises. We invite you to join us on the trip!

--- Ann Elizabeth and Glenna

TEST Tidbits: More Plastic Debris Found in Arctic Seas

In a study published April 19 in the journal [Science Advances](#), researchers from Cadiz University in Spain, along with other researchers, have shown that major ocean currents have been gathering more and more plastic bits in the area off Greenland and the Barents Sea. A circumpolar expedition that recently sampled 42 Arctic sites, found thousands and thousands of bits of plastic per square mile of ocean. These plastic bits had obviously been in the ocean for a long time. The areas along Greenland and other land areas have remained sparsely populated. Thus, it was apparent that the majority of the debris had been pushed toward this region from the coasts off Europe and the eastern coast of the United States. Some of these tiny bits of plastic are as small as algae and plankton and are eaten by organisms: small fish, birds, larger fish, and on up the food chain to humans. Besides causing death and illness from the plastic itself, the debris also contains concentrated toxins, including PCBs and other pollutants. This plastic debris is on the surface, in the ice, and eventually drops to the ocean floor. This is not a good sign for a fragile habitat, a habitat thought to be too remote to have such a problem. Scientists say that more than 8 million tons of plastic waste finds its way into our oceans -- every year!

The problem, of course isn't found only in the Arctic regions of the world. There are five major ocean gyres that tend to be gathering places for huge amounts of plastic and other debris. These are the Indian Ocean Gyre, the North Atlantic Gyre, The North Pacific Gyre, the South Atlantic Gyre, and the South Pacific Gyre. There are also many smaller gyres -- all collecting our tossed items. Some have suggested that large "vacuum like" machines might collect the debris. However, each scoop of seawater might also kill thousands of tiny fish and other organisms. In a brand new study, the larvae of a moth that destroys beeswax may also have the ability to break down the chemical bonds of plastic. It was found that these caterpillars could cause large holes in a plastic bag in less than an hour. Researchers from Cambridge University are excited about future possibilities. Researcher, Dr. Paolo Bombelli said in an article in the journal [Current Biology](#) that "this is just a starting point." Much more research needs to be done on this possibility of dealing with plastic waste. Even if found effective, nothing replaces reduction of plastic use and recycling -- especially for plastic waste that ends up in our oceans.

The best way for everyone to work toward less plastic pollution in our oceans is basic: intentionally reduce the amount of plastic you use, and always recycle the plastic you do use. Use a refillable water bottle, refuse to buy bottled water, use cloth shopping bags, use glass storage containers in place of plastic, buy items not encased in plastic -- and remember that there is no such place as "away" as in the idea of "thrown away."

The following are sources for this article:

www.nytimes.com/2017/04/19/climate/arctic-plastics-pollution;

www.bbc.com/news/science-environment-39694553;

www.nationalgeographic.org/encyclopedia/ocean-gyre.

"Caring for the environment -- it's a Christian thing to do!"

Ministry Opportunities

Forward Day by Day

Forward Day by Day for May through July is here. This edition emphasizes the Holy Spirit and courage and strength the Spirit will give us in our lives. The Spirit brings creative ways to express love in our lives and the lives of those around us. One phrase is "More Love, Less Hustle." Another emphasis is on thankfulness, especially for what we can do for others

Trinity Interfaith Food Pantry

The Trinity Interfaith Food Pantry (TIFP) was open eight days in March 2017 and served 212 families (175 children, 372 adults), 251 senior adults, and 23 new patrons requesting food assistance. The total expense in March for food purchased locally and through Harvesters was \$1,128.55; and the total retail value of all food provided (both donated and purchased) was \$4,189.12. TIFP is grateful for all donations of money and food to provide food assistance to many people in Douglas County. This month, TIFP will be one of several food pantries to receive donations from the annual Boy Scout Food Drive on April 8. Also, this month the Harvesters Mobile Food Distribution will take place on Saturday, April 22, at First Baptist Church (1330 Kasold).

GIFT Cards: A Good Deal

Grocery Income for Trinity (GIFT) cards for all the Lawrence grocery stores are always available for sale in the parish hall between church services. A GIFT card you buy at church is treated like cash at the store: a \$50 card buys \$50 worth of groceries. And it results in a contribution to the church, because these grocers have agreed to give back to Trinity between 4% and

6% of the total amount that you spend with that store's GIFT card. It is an easy way to contribute to Trinity.

Prayer Chain

To add a person's name to the prayer list or to become a prayer chain member, please contact the parish office (prayers@trinitylawrence.org; 785-843-6166) or Carol Hatton, Prayer Chain coordinator (caroldonhatton@gmail.com).

The Prayer Chain prays daily for those who are ill, suffering, troubled, have died, or wish to offer praise and thanksgivings. Prayer Chain members find that their own private prayer life with God also deepens during this daily practice.

Pray for those who are ill:

Vashti, Diana, Glenn, George, Rondo, Fran, Megan, Tara, Stephanie, Brandy, Melody, Nate

Prayer for those with special intentions:

Joe, Tom, Judy, Roy, Matt, Ian, Rachel, Cindy, Matthew and Allison, Ray, Diane, Patti, Bonnie, Mrs. McDermott and family, Joe

Pray for those in the hospital:

Steve, George, Ginny, Terry, Mabel, Gavin, Kari, Jack, Linda, Ellen, Richard, Barbara, Teri, Alex, Jon, Michelle

Pray for those who are departed:

Peter Dahl, Bettye Luykens, Eleanor Brown, Glenn, Dave, Odila

This Week at Trinity

Sunday, April 30

8:00 a.m., Holy Eucharist, Rite I
 9:30 a.m., Adult Forum
 10:30 a.m., Holy Eucharist, Rite II
 10:30 a.m., Sunday School
 11:30 a.m., Coffee Hour
 6:00 p.m., Holy Eucharist, Solemn High Mass

Monday, May 1

6:00 a.m., Pump 'n' Pray, Rock Chalk Park
 9:00 a.m., Morning Prayer, Chapel
 12:00 p.m., Women's Lunch Group

Tuesday, May 2

10:30 a.m., Staff Meeting
 2:00 p.m., Food Pantry
 6:30 p.m. Canterbury House

Wednesday, May 3

6:00 a.m., Pump 'n' Pray, Rock Chalk Park
 9:30 a.m., Group Two Women's Quest-ioning
 6:30 p.m., Evening Service & Dinner
 7:30 p.m., Christian Classics

Thursday, May 4

10:00 a.m., Trinity Treasures
 7:30 p.m., Choir Rehearsal

Friday, May 5

6:00 a.m., Pump 'n' Pray, Rock Chalk Park

Saturday, May 6

10:00 a.m., Organ Practice
 10:00 a.m., Food Pantry

Newsletter Information

The deadline for placing items in this newsletter is every Wednesday at 12 p.m. If you have any questions or would like to start receiving this newsletter each week, please contact Sheryl Poole (sp@trinitylawrence.org).

Trinity Episcopal Church Office
 1011 Vermont Street
 Lawrence, Kansas 66044

Trinity Episcopal Church, 1027 Vermont Street, Lawrence, KS 66044

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